



# Toolbox Talk

## National Reconciliation Week

**27 May to 3 June 2025**

Programmed acknowledges the Traditional Custodians of the land on which we work and live and pays respect to Elders past, present and emerging. We recognise the historical and continued maintenance and care of the land on which we all call home and respect the connection to Country of our First Nations people. May we continue to work together in the spirit of reconciliation resulting in opportunity and harmony for all.

### What is National Reconciliation Week?

National Reconciliation Week (NRW) is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia. The dates for National Reconciliation Week are the same each year: **27 May to 3 June**. These dates commemorate two significant milestones in the reconciliation journey – the successful 1967 referendum, and the Mabo High Court decision respectively. You can learn more about National Reconciliation Week by reading this [factsheet](#).

At Programmed we recognise the significance of National Reconciliation Week and the opportunity it presents for each of us to reflect on our commitment to reconciliation. It is a time for us to come together as a community, to listen, learn, and take meaningful steps towards reconciliation.

### About the 2025 Theme – Bridging Now to Next

This year's theme "Bridging Now to Next" emphasizes the continuous connection between the past, present and future. It encourages all Australians to look ahead, drawing strength from past lessons to guide future actions. In the accompanying artwork by Kalkadoon woman Bree Buttenshaw, native plants – known for regenerating after fire and thriving through adversity – symbolise resilience and renewal. This theme invites us to reflect, grow, and commit to walking together towards a united and respectful nation.

Download the Reconciliation Week teams backgrounds for you next meeting! You can find them, and some posters for your office or work site [here](#)

More can be found about this year's theme via the [official NRW website](#).



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## How can you get involved for NRW?

There are numerous ways you can actively engage with National Reconciliation Week and contribute to the reconciliation process:

### LEARN:

- ▶ Book in with one of our First Nations Cultural Awareness Training Sessions. To book into a session [click here](#).
- ▶ Share our NRW Toolbox Talk with your team members.
- ▶ Listen to a First Nations led podcast. Check out TalkBlack, Word Up, Broriginals, Black Magic Woman with Mundanara Bayle and Yarning Up with Caroline Kell.
- ▶ Check out this great map of First Nations Languages! [Gambay - First Languages Map](#)

### ACT:

- ▶ Attend a Reconciliation event in your local area – check out [this calendar](#) for events near you.
- ▶ Have an Acknowledgement of Country at the beginning of meetings and important events. If you haven't done so already, print out a copy of our [Acknowledgement of Country poster](#) and have these available in all your meeting rooms.
- ▶ Donate! Have a donation drive or organise an event and donate proceeds to local non-profit program. Below are some great charities to choose from:
  - <https://healingfoundation.org.au/>
  - <https://deadlyscience.org.au/>

- <https://www.indigenousliteracyfoundation.org.au/>
- <https://www.weave.org.au/>
- <https://www.yalari.org/>
- <https://blaq.org.au/>

### SHARE:

- ▶ Hold a morning tea, featuring native Australian ingredients. How about trying some of these recipes to share with the team: [Macadamia banana bread with lemon myrtle drizzle](#), [Lemon and finger lime tart](#) & [Blinis with ricotta, Warndu dukkah and pickled quandongs](#)

Alternatively, engage with one of your local First Nations catering companies and have them cater your lunch. Supply Nation is a great place to start our search! [Supply Nation - Catering Services](#)

- ▶ Hold a screening in your office from the [Reconciliation Film Club](#).
- ▶ Purchase from one of these First Nations businesses
  - <https://www.nungalacreative.com/shop>
  - <https://sobah.com.au/>
  - <https://bushmedijina.com.au/>
  - <https://indigiearth.com.au/>
- ▶ Check out some great First Nations books – [Look for a Book!](#)