

Learning & Development Calendar 2025

AUGUST 2025 SEPTEMBER 2025 OCTOBER 2025 Business Writing in the Modern workplace Anxiety & Depression Awareness **Emotional Intelligence** Conducting a Psychosocial Risk Assessment **Incident Investigation training** ☐ Email etiquette in the Modern workplace ☐ First Nations Cultural Awareness training & workshop Injury Management training for Manager's (NSW) Incident Investigation training ☐ Focus on Apprenticeships at Programmed (PFM, PPS & Group)! Legacy in Action: Why Traineeships & Apprenticeships Are **Incident Investigation training** Everyone's Business – Programmed Training Services Injury Management training for Manager's (WA/NT/TAS/ACT) Mental Health first aid (Notting Hill VIC) Injury Management training for Manager's (NSW) **Outlook for Beginners** Leader As Coach Injury Management training for Manager's (SA) ProSafe - General overview & navigation Injury Management training for Manager's (Qld) Leading Through Change Psychosocial and Psychological Safety Legacy in Action: Why Traineeships & Apprenticeships Are Everyone's Mental health first aid (Burswood, WA) Business – Programmed Training Services PFM Legal – Contracting Series Part 1 Managing Conflict Mental health first aid (Mt Pritchard NSW) ☐ Train the Trainer Mental Health first aid (Beard ACT) Power BI training (HSE) Mental Health first aid (Collins Street VIC) PPS/PET Legal - Special Risks 101 Personal Effectiveness Psychosocial and Psychological Safety ProSafe - General overview & navigation **ProSafe- Verification of Competency** PFM Legal – Contracting Series Part 3 PFM Legal – Contracting Series Part 2 Social Inclusion & Community Engagement training □ PPS/PET Legal - Contract Review 101 PPS/PET Legal - Subcontracting 101 **Recruitment options at Programmed** Techniques for Managing through challenge

LEARNING SESSIONS AVAILABLE EVERY MONTH:

- Welcome to Programmed (For New Employees)
- Onboarding New Employees (For Manager's)

- Injury Management training for Manager's (NSW)
- Legacy in Action: Why Traineeships & Apprenticeships Are Everyone's Business – Programmed Training Services



Learning & Development Program <u>Guide 2025</u>

PROGRAM	OUTLINE
Business Writing in the Modern Workplace	Start with the WHY, then move to the WHO Unpack the WHAT Using key words, verb energy, plain language Know your Audience Apply the 7 C's of writing
PPS/PET Legal Series 101	Facilitated by the Legal team at Programmed, the series includes: Special Risks 101: What are special risks and how does the special risk approval process work? Contract Review 101: Improve your understanding of contracts, including how a contract is formed and who can enter into them? Sub-Contracting 101 - the importance of managing subcontracting correctly as well as a reintroduction to the suite of available subcontracting documents.
PFM Legal – Contractor Series	 Part 1: This session explores the importance of good contract administration with a particular focus on entitlements, risks & timebars Part 2: Join this session to learn more about contracting with vendors, including an overview of the Master Vendor Agreement. Part 3: This session examines pricing models in contracts, including fixed price, pass through, cost plus, target cost, GMP and a general discussion on commercial pricing models.
Power BI Training (HSE)	This training sessions it to help navigate your way around the HSEQ portion of Power BI run reports and bookmark your favourite pages to ensure the next time you want to access the information it is in the same format in which you left it last time using the web page.
Train the Trainer	Organising content / developing session plans; Audience engagement; Presentation skills; Questioning techniques to determine understanding
Mental Health First Aid (MHFA)	Gain an Understanding of the Risk factors, prevalence and impact of mental illnesses. Apply the MHFA Action Plan for anxiety, depression and possible psychosis Learn crisis first aid for suicidal behavior, non-suicidal self-injury, panic attacks and after a traumatic event First aid for substance use problems
Focus on Apprenticeships at Programmed	Delivered by the Programmed L&D Apprenticeships team Have you considered employing an Apprentice in your Team in PFM or PPS? Do you want to know more about the apprenticeship journey? we welcome you to join us at this 45 mins information session where we will cover: Hiring an apprentice, the Training Contract, TAFE enrolment and supporting young workers.
First Nations Cultural Awareness Training & Workshop	This fact-based session will provide information on historical data, key events, and the current consequences of these events, with the aim of providing an understanding of First Nations culture and traditions
Personal Effectiveness	Examines your personal priorities; understand the importance of mindset and language in being "proactive", assess the effective use of your time and understand the importance of 'Sharpening the Saw.'

PROGRAM	OUTLINE
Leading Through Change	What is organisational change? Learn about the journey of change and understanding the change cycle. Leading through the journey
PROSAFE – General Overview & Navigation Training	This training session is a general session providing an overview for users, as well as sharing how to navigate ProSafe using the desktop or phone app; functions, quick tips and hints!
Anxiety & Depression Awareness	Overview and awareness of anxiety & depression, Signs and symptoms, interventions, and providing support to colleagues, family, friends.
Incident Investigation Training	Learn how to conduct an incident investigation at Programmed. Facilitated by the HSEQ team, this session will cover incident reporting & the process and protocols of incident investigation.
Psychosafety / Psychological Safety Management	Like physical safety hazards, psychosocial hazards also need to be identified and controlled. This session provides an outline of psychosocial hazards and the processes and tools in place for identifying these and managing risk.
Email Etiquette	Learning outcomes: How to get noticed and engage your reader? Using key words Audience & Tone of your email Do's and Don't's of Emails in the workplace
Social Inclusion and Community Engagement training	Empower your team & people to build social outcomes in the communities we work Create employment opportunities in the areas, communities & regions we work Engage with vendors that provide social outcomes
Injury Management	The purpose of the session is to provide you with an overview of injury management and workers compensation legislation; and internal processes.
Emotional Intelligence	Why Emotional Intelligence is important in the workplace, what EI 'is' and the seven skills of effective EI, how to be a better communicator at work using EI.
Legacy in Action – Why Traineeships and Apprenticeships are Everyone's Business	Examine why school-based traineeships, traineeships, and apprenticeships are not just recruitment options - but our responsibility and legacy. We'll explore how meaningful early career pathways align with our purpose, strengthen communities, and help us create 1 million better work opportunities by 2030 and how managing them through our GTO works
Leader as Coach	Understand the coaching style of leadership, characteristics of good coaches; providing effective feedback
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Anxiety and Depression Awareness	Overview and awareness of anxiety & depression, Signs and symptoms, interventions, and providing support to colleagues, family, friends.